# **Endocrine Symposium**

Provided By:

Baystate Division of Endocrinology,
Diabetes and Metabolism
Baystate Continuing Interprofessional Education

Tuesday, May 7, 2019 8:30 am – 3:30 pm

The Log Cabin and Banquet Meeting House 500 Easthampton Road Holyoke, MA 01040

**Audience:** This educational activity is designed for physicians, nurses, nurse practitioners, physician assistants and certified diabetes educators. **Goal:** The goal of this educational activity is to support safe, effective, patient-focused care for the patients with endocrine disorders.

**Learner Objectives** 

- 1. Develop rational treatment algorithms for the patient with type 2 diabetes and cardiovascular disease
- Identify the cardiovascular advantages and disadvantages to glucose lowering medications.
- 3. Review the key findings of recent cardiovascular outcomes trials involving glucose lowering medications.
- Describe alternative thyroid therapies.
- 5. Review testerone replacements in men and women.
- 6. Describe indications for bone density testing and for treatment in older men and women
- Describe some of the newer mechanisms of action and efficacy of newer medical therapies to treat osteoporosis.
- 8. Define the medical treatment options for pediatric morbid obesity.
- 9. Describe the current status of pediatric morbid obesity as well as its comorbidities.
- 10. Name the types of bariatric surgery done in adolescents along with outcomes with respect to physical and mental health and wellbeing.
- 11. Describe advantages and disadvantages of gastric bypass surgery.
- 12. Discuss eligibility criteria for insulin pump therapy.
- 13. Review different types of insulin pumps and continuous glucose monitors.
- 14. Review history of insulin pump therapy.

## **Program Schedule**

- 7:30 Registration, Exhibits, Welcome
- 8:30 Diabetes Drugs and CVD, Has the Holy Grail Been Found? Silvio Inzucchi, MD
- 9:30 Alternative Thyroid Therapies Cecilia Davis, MD
- 10:15 Break
- 10:30 Testosterone Replacement in Men and Women Mary Pat Roy, MD
- 11:15 Update on Osteoporosis A Practical Approach to Medications Pamela Taxel, MD
- 12:00 Lunch
- 1:00 Trends in Bariatric Surgery Rushika Conroy, MD
- 1:45 Everything You Want to Know About Gastric Bypass from a Patient's Point of View

  Alexandrea Orszulak. BA
- 2:30 Pumps and Devices An Overview Chelsea Gordner, DO
- 3:30 Adjourn

## **Tuition:**

Through April 22, 2019 \$99.00 Beginning April 23, 2019 \$109.00

**Credits:** In support of improving patient care, Baystate Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



**Physicians:** Baystate Health designates this live activity for a maximum of 5.5 AMA PRA Category1 Credits TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This activity carries a maximum of 5.5 contact hours.

# **Faculty**

Rushika Conroy, MD, MS\* Assistant Professor of Pediatrics UMMS-Baystate Pediatric Endocrinologist

Chelsea Gordner, DO\*

Baystate Medical Center

Assistant Professor University of Massachusetts Adult and Pediatric Endocrinology Baystate Medical Center

Silvio Inzucchi, MD Professor of Medicine Yale School of Medicine Physician

Yale-New Haven Hospital

Dr. Inzucchi is a consultant for Boeringer Ingelheim, AstraZeneca, Novo Nordisk, Sanofi/Lexicon, VTV Therapeutics, Eisai

Alexandrea Orszulak, BA\*

Cecilia A. Davis, MD\* Endocrinologist Baystate Medical Center Mary Pat Roy, MD\*
Physician

Physiciai

Albany Stratton VA Hospital University of Albany Medical School

Pamela Taxel, MD\*
Professor of Medicine
UCONN Health School of Medicine

### **Faculty Disclosure**

The design and content of Baystate Continuing Interprofessional Education (CE) activities support quality improvement in healthcare and provide fair and balanced views of therapeutic options. Faculty or planner conflicts of interest are resolved before the educational activity.

\*None of the members of the faculty or planning committee have commercial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients.

## **Registration Information**

The registration process for Continuing Interprofessional Education courses has changed.

- 1. Our new website is <a href="https://education.baystatehealth.org">https://education.baystatehealth.org</a>.
- 2. ALL registrations must be made on-line.
  - a. **Credit card** payments will receive immediate confirmation of registration and payment.
  - b. Check payments and Interdepartmental Transfers will generate a status of "Pending" and will be registered and confirmed upon receipt of payment.
  - c. Interdepartmental Transfer: Notify your education coordinator of your registration
  - d. **Check payment:** *Make payable to:* Baystate Health *Mail to:* Baystate Continuing Interprofessional Education, 3601 Main Street, 3rd Fl, Springfield, MA 01199

### Logging in:

- 1. Baystate employees and medical staff members log in using their 5 digit EN/PN number (including letters).
- 2. All those who do not have an EN or PN must create a new account under the visitor section.

*Important:* The first time you log in, update the Profile and Mobile tabs to be sure that your email and cell phone number are included for confirmations and attendance.

**Specific Aids or Services:** Please call Baystate Continuing Interprofessional Education at 413-322-4242 if, under the Americans with Disabilities Act, you require specific aids or services during your visit to this continuing education program. For additional course listings and your transcript go to learn.bhs.org

For additional information, call Baystate Continuing Interprofessional Education at 413-322-4242.

