

Provided By:
Baystate Continuing Interprofessional Education

Audience: This course was designed for nurses who care for patients undergoing procedures requiring sedation, analgesia, and anesthesia.

Goal: The goal of this educational activity is to foster effective, safe, compassionate, patient-centered nursing care during the perianesthesia period.

Learner Objectives

1. Discuss common regional anesthetic techniques for perioperative pain management.
2. Discuss the perioperative management of acute pain in patients with addiction
3. Discuss trends in neuromodulation.
4. Describe the current accepted pain regimen for post tonsillectomy patients.
5. Describe the expected postoperative symptoms of a tonsillectomy patient.
6. Describe the time frame for post tonsillectomy complications.
7. Define and describe lateral violence and bullying (LV & B) in nursing.
8. Discuss recent studies describing the risks of lateral violence and bullying on patient care and the work environment.
9. Discuss the incidence of LV & B in the perianesthesia setting.
10. Discuss ways to manage LV & B in the perianesthesia setting.
11. Discuss how incorporating mindfulness practices could contribute to a healing work environment.
12. Discuss the benefits of self-care practices on personal well-being and communication.
13. Explain how mindfulness-based interventions can improve person-centered care and caregiver well-being.

Program Schedule

- 7:30 Registration & Continental Breakfast**
- 8:00 Update on Acute and Chronic Pain Management**
Peter Vieira, MD
- 9:00 Ear, Nose, and Throat Procedures in Pediatrics**
Daniel Isamu Plosky, MD
- 10:00 Lateral Violence and Bullying in the Workplace**
Cidalia Vital, RN, MS, CNL, CPAN
- 11:00 Mindfulness Self-Care Practices for the Patient Care Team**
Lauri Deary, BSN, MS, RN, RYT
- 12:00 Adjourn**

Tuition: Through January 11, 2019: **\$75.00**
After January 11, 2019: **\$85.00**

Credits: In support of improving patient care, Baystate Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



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INTERPROFESSIONAL CONTINUING EDUCATION

This activity carries a maximum of 4.0 contact hours.

Registration Information

The registration process for Continuing Interprofessional Education courses has changed.

1. Our new website is <https://education.baystatehealth.org>.
2. ALL registrations must be made on-line.
 - a. **Credit card** payments will receive immediate confirmation of registration and payment.
 - b. **Check payments and Interdepartmental Transfers** will generate a status of "Pending" and will be registered and confirmed upon receipt of payment.
 - c. **Interdepartmental Transfer:** Notify your education coordinator of your registration
 - d. **Check payment:** *Make payable to:* Baystate Health
Mail to: Baystate Continuing Interprofessional Education, 3601 Main Street, 3rd Fl, Springfield, MA 01199

Logging in:

1. Baystate employees and medical staff members log in using their 5 digit EN/PN number (including letters).
2. All those who do not have an EN or PN must create a new account under the visitor section.

Important: The first time you log in, update the Profile and Mobile tabs to be sure that your email and cell phone number are included for confirmations and attendance.

Specific Aids or Services: Please call Baystate Continuing Interprofessional Education at 413-322-4242 if, under the Americans with Disabilities Act, you require specific aids or services during your visit to this continuing education program. For additional course listings and your transcript go to learn.bhs.org For additional information, call Baystate Continuing Interprofessional Education at 413-322-4242

Faculty

*Lauri Deary, BSN, MS, RN, RYT**
Nurse Educator
Baystate Medical Center

Daniel Isamu Plosky, MD
Surgeon
Ear, Nose and Throat Surgeons of
Western New England, LLC
Pioneer Valley Surgicenter

*Peter Vieira, MD **
Assistant Professor of Anesthesiology
University of Massachusetts School of Medicine
Anesthesiologist
Baystate Medical Center

*Cidalia Vital, RN, MS, CNL, CPAN**
Assistant Nurse Manager/Educator
Baystate Noble Hospital

Faculty Disclosure

The design and content of Baystate Continuing Interprofessional Education (CE) activities support quality improvement in healthcare and provide fair and balanced views of therapeutic options. Faculty or planner conflicts of interest are resolved before the educational activity.

None of the members of the planning committee nor faculty marked with an * have commercial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients.

Dr. Plosky is a stock shareholder of Ear, Nose and Throat Surgeons and Pioneer Valley Surgicenter.

Planners

Esther Brown, ASN, CAPA
Alison Colburn, BSN, RN, CAPA
Ann Marie Culver, RN, CAPA
William Drost, RN, CAPA
Nancy Falvey, BSN, RN, CAPA
Christine Ingalls, MSN, RN, CAPA
Kristin O'Brien, RN
Lisa Zbikowski, RN, CPAN



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