

<b>Competencies</b>	<b>Definition</b>	<b>Components</b>
<b>Cooperation</b>	The motivational driver of teamwork. In essence, this is the attitudes, beliefs, and feelings of the team that drive behavioral action.	Collective efficacy Mutual trust Value teamwork
<b>Conflict</b>	The perceived incompatibilities in the interests, beliefs, or views held by one or more team members.	Interpersonal skills Mutual trust Psychological safety
<b>Coordination</b>	The enactment of behavioral and cognitive mechanisms necessary to perform a task and transform team resources into outcomes.	Mutual performance monitoring Back-up behavior/Supportive Adapt
<b>Communication</b>	A reciprocal process of team members' sending and receiving information that forms and reforms a team's attitudes, behaviors, and cognitions.	Close-loop communication Call out Check back
<b>Coaching</b>	Leadership behaviors to establish goals and set direction that leads to the successful accomplishment of these goals.	Formal leadership Shared leadership
<b>Cognition</b>	A shared understanding among team members as a result of team member interactions including knowledge of roles and responsibilities; team mission objectives and norms	Shared understanding Who knows what on the team What is the backup plan?
<b>Conditions</b>	Situational characteristic, events, or environment that influence team behavior through availability of resources and policy	Team norms Good performance recognized & reinforced Access to resources and information