

# Practical Pediatrics 2019:

## Adolescent Behavioral Health

Thursday, April 4, 2019

12:30 pm—5:00pm

Provided By:

Baystate Children's Hospital

Baystate Continuing Interprofessional Education

Baystate Health Education Center

361 Whitney Avenue

Holyoke, MA

**Target Audience:** This program is designed for physicians, nurses, and others responsible for the medical care of adolescents.

**Goal:** The goal of this educational activity is to support safe, effective, patient-centered, timely, efficient, equitable, and compassionate care.

### Learner Objectives:

By attending this conference, the learner should be able to:

- State current trends in use and risks of marijuana and vaping
- State the basics of brief interventions for vaping that can be done in the office
- Review the need for clinical algorithms for primary care pediatricians for appropriate training in mental health care and practice
- Review the recently published MCPAP Clinical Algorithms to help with the evaluation and treatment for youth with significant anxiety

and mood disorders

- Understand how the presentation of ADHD differs in adolescents
- Understand the strategies for improving the outcomes in adolescent ADHD
- Describe the potential clinical presentations and differential diagnosis of adolescents with eating disorders
- Describe the components of timely intervention and clinical assessment of an adolescent with a possible eating disorder
- Learn about the prevalence of abdominal pain in children, pathophysiology, and its impact on quality of life
- Learn the criteria for diagnosis of functional GI disorders & the role of medication and other treatment modalities

### Program Schedule

- 12:30 Lunch**
- 12:45 Welcome and Introduction: "Managing the 'new' Pediatric Morbidities"** *Beth Brown, MD*
- 1:00 "Marijuana and Vaping: How to Keep Up in the Office"** *Stephanie Daly, MD*
- 1:45 "Adolescent ADHD-Looking for best outcomes"** *Michael Reiff, MD*
- 2:20 "Pediatric Anxiety and Depression: Utilizing the MCPAP Clinical Algorithms."** *Bruce Waslick, MD*
- 3:05 Expert Panel / Q&A** *Stephanie Daly, MD, Michael Reiff, MD, Bruce Waslick, MD*
- 3:20 Break**
- 3:35 "Chronic Abdominal Pain: The Mind-Gut Connection"** *Sarita Singhal, MD*
- 4:10 "Early Recognition & Intervention for Eating Disorders"** *Paula Braverman, MD*
- 4:45 Expert Panel / Q&A** *Paula Braverman, MD; Sarita Singhal, MD*
- 5:00 Adjourn**

### Faculty

<u><i>Paula Braverman, MD</i></u> Professor, UMMS-Baystate Chief, Adolescent Medicine Baystate Children's Hospital	<u><i>Michael Reiff, MD</i></u> Developmental Pediatrician Baystate Children's Hospital
<u><i>Beth Brown, MD</i></u> Assistant Professor, UMMS—Baystate Baystate Children's Hospital	<u><i>Sarita Singhal, MD</i></u> Assistant Professor, UMMS-Baystate Pediatric Gastroenterology Baystate Children's Hospital
<u><i>Stephanie Daly, MD</i></u> Assistant Professor, UMMS—Baystate Child Psychiatrist Baystate Children's Hospital	<u><i>Bruce Waslick, MD</i></u> Associate Professor Chief, Child Psychiatry Baystate Children's Hospital

### Faculty Disclosure

The design and content of Baystate Faculty Disclosure Continuing Interprofessional Education Baystate Children's Hospital.

(CE) activities support quality improvement in healthcare and provide fair and balanced views of therapeutic options. Faculty or planner conflicts of interest are resolved before the educational activity.

None of the members of the faculty or planning committee for this educational event have commercial relationships with any entity producing, marketing, re-selling or distributing health care goods and services consumed by, or used on, patients except Dr. Waslick who receives Grant/Research Support from Forrest Labs & Allergan.

### Tuition

Physicians: Through 3/21: \$60.00 After 3/21: \$70.00

Non-Physicians: Through 3/21: \$40.00 After 3/21: \$50.00

In support of improving patient care, Baystate Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



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Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: Baystate Health designates this activity for 4.0 contact hours for nurses. Nurses should only claim credit commensurate with the extent of their participation in the activity.

### Registration Information

To register for this course, go to our website at [education.baystatehealth.org](http://education.baystatehealth.org)

ALL registrations must be made on-line.

Logging in:

1. Baystate employees and medical staff members log in using their 5 digit EN/PN
2. All those who do not have an EN or PN must create a new account under the visitor section. If you have already created a visitor account, you may log in under the visitor section using the username and password you created.

### PAYMENT INFORMATION

- A. **Credit card** payments will receive immediate confirmation of registration and payment
- B. Check payments and **Interdepartmental Transfers** will generate a status of "Pending" and will be registered and confirmed upon receipt of payment.

**Interdepartmental Transfer:** Notify your education coordinator of your registration so that payment can be processed.

**Check Payment:** Make checks payable to Baystate Health

Mail to: Baystate Continuing Interprofessional Education  
3601 Main Street, Springfield MA 01199

For additional information, call Baystate Continuing Interprofessional Education at 413-322-4242

Important: The first time you log in, update the Profile and Mobile tabs to be sure that your email and cell phone number are included for confirmations and attendance.

**Specific Aids or Services:** Please call Baystate Continuing Interprofessional Education at 413-322-4242 if, under the Americans with Disabilities Act, you require specific aids or services during your visit to this continuing education program.